



Editorial

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This is the 4th Volume of the Journal and we feel grateful to all the researchers that have trusted their papers to EPJ.

Psychomotricity is now more necessary than ever. The modern man needs relaxation as an antidote to stress, play as an antidote to sedentarily, and therapy as an antidote to disease.

Twenty-four studies have been submitted for publication but only five have been selected after the blind reviewing, covering all the relative fields.

Lately Psychomotricity has become really popular. I hope that this raise of interest will be mirrored in to scientific research in the field. Our Journal is here to host the results of this research.

Renate Zimmer
Editor